

Dec 01 2015:- [High Holidays](#) - **High Strangeness**. **Walk In The Park**. Sunspot AR2449. 100th anniversary Gedankenexperimente. **Fukushima Fallout**. **Dying Pacific**. **Salmon Disappearing**. **Best Urban Survival Tips**. **Beat Big Pharma**. **Nature Rx**. **Above the Law? UR on Why? 1<sup>st</sup> Amen**. **Camo Cyber Monday-Black Friday-White Sale**. **AMERICANS OVER 30 ARE MORE MISERABLE?**



## High Holidays - High Strangeness

**This image is one of many taken by people who saw this object streaking over Los Angeles and San Diego.**



Apparently it turned out to be a Trident missile test – fired from a submarine during a week-long exercise off the coast of California.

But no-one is saying what the exercise is about – what is it for? Perhaps it is just a standard training operation, but it would be interesting to know where this missile landed,

would it not?

Maybe the navy is trying to see whether it can match those 26 missiles that Russia launched from the Caspian Sea last month; they flew 1500 kilometers across Iraq and Iran and all hit within five meters of their targets. Naturally, the US disputes that. They claimed that four of them crashed – but there is no evidence of that.

Unfortunately, all this warmongering – no matter which nation is involved – is enough to make one seriously concerned about the potential for a full-on nuclear war.

Perhaps that's what Congressman Dana Rohrabacher (R. California) had in mind when

he told senior diplomats the other day that “*The double standard that we have been judging Russia with, and basing our policy on that double standard, has caused us great harm.*”

Speaking before the House Committee on Foreign Affairs on Wednesday morning he said “*I believe it is our hostility to Russia that prevented us from creating a policy that would create a more stable Middle East,*” he said. ([Source](#))

**Perhaps Rohrabacher is one of the few sane politicians left in America.**

## Fukushima Fallout

**It has now been confirmed that following the triple meltdown of reactors in the Fukushima Dai-ichi nuclear power plant in Japan, cancer is on the rise – and there is no end in sight.**

At the same time, and in the four years since the meltdown, millions of birds and fish have simply disappeared from the Pacific ocean. One can but speculate as to whether this is because of the continual release of radioactive water from the power plant. Nevertheless, it is a reality.

Note that this is over a year old - but the figures are still mind-numbing..... 8 Billion Bq per day - radiation being released into North Pacific Ocean. No wonder it is dying. <http://www.fukuleaks.org/web/?p=13700>



[The Globe and Mail](#), Nov 3, 2015 (emphasis added): *Millions of B.C. salmon mysteriously ‘just disappear’ in troubling year...* [There were] very poor returns on the Fraser River, where only about **two million**

**sockeye returned, far short of the more than six million predicted** in pre-season forecasts. **Even more dramatic was the collapse of the pink salmon on the Fraser,** with only about **five million fish showing up when more than 14 million had been forecast...**

[Vancouver Sun](#), Nov 3, 2015: *Late sockeye numbers ‘disturbingly low,’ monitoring group says; Pre-run estimate of 1.24 million dropped to 200,000 for entire Fraser River run...*

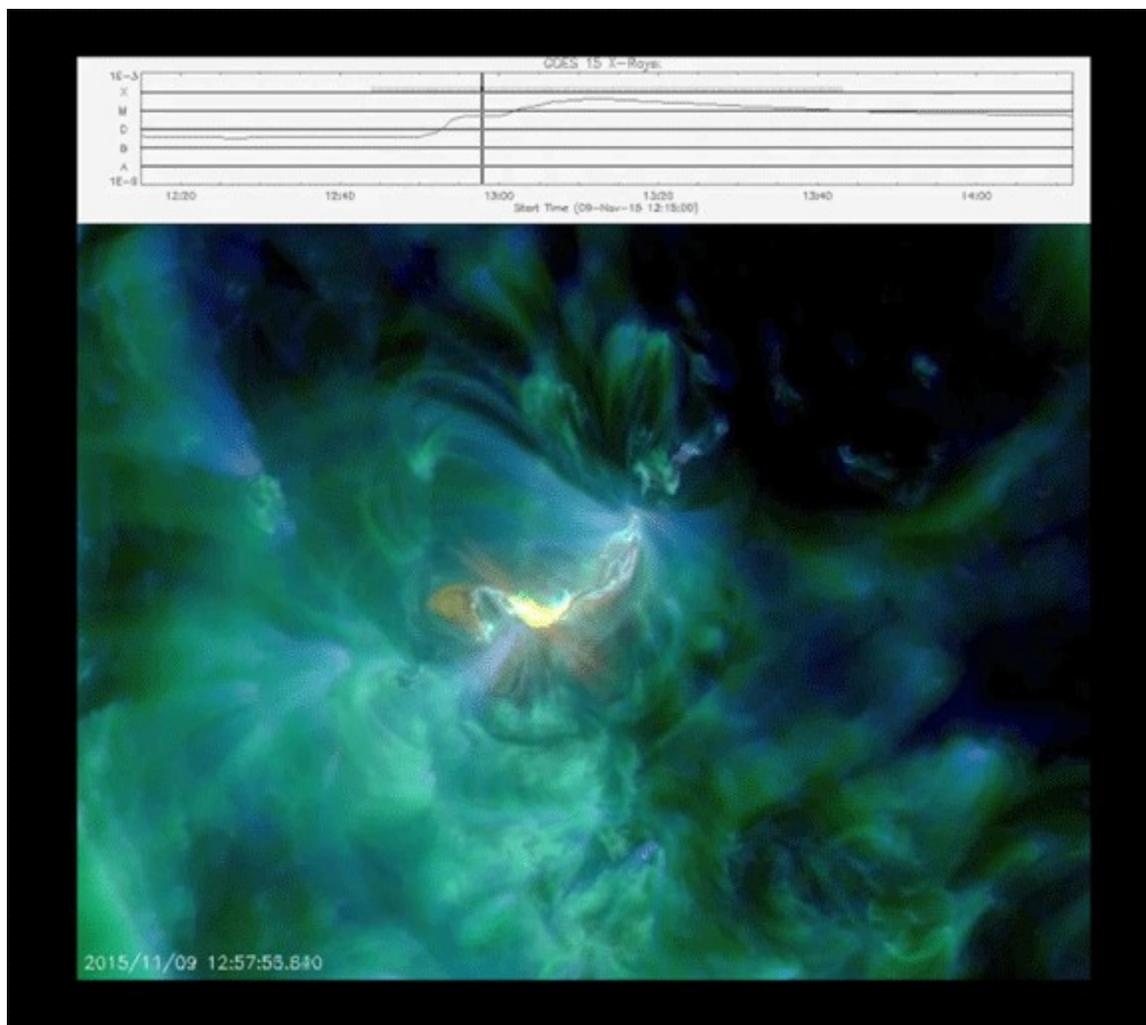
[Press Democrat](#), Sep 21, 2015: *Meager salmon catch one of worst seasons for Sonoma County fishermen... one of the worst king salmon seasons in memory.*

## World News

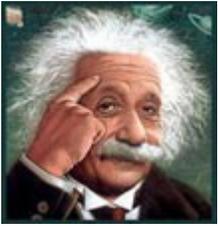
“**The United States claims** it is sending a small number of Special Operations troops to northern Syria to “defeat the Islamic State,” but its move is likely to create “buffer zones” where the Syrian government cannot operate anymore.” [\(Source\)](#)

## Sunspot AR2449

Click on Picture to see video



“**So much for the "quiet sun."** Confounding predictions, sunspot AR2449 erupted on Nov. 9th at 1312 UT, producing an [M3-class](#) solar flare and a [bright CME](#). The CME is not heading directly for Earth, but a glancing blow is possible later this week.” [\(Source\)](#)



**This month marks the 100th anniversary of the General Theory of Relativity**, the most beautiful theory in the history of science, and in its honor we should take a moment to celebrate the visualized “thought experiments” that were the navigation lights guiding Albert Einstein to his brilliant creation. Einstein relished what he called Gedankenexperimente, ideas that he twirled around in his head rather than in a lab.

That’s what teachers call daydreaming, but if you’re Einstein you get to call them Gedankenexperimente. As these thought experiments remind us, creativity is based on imagination. If we hope to inspire kids to love science, we need to do more than drill them in math and memorized formulas. We should stimulate their minds’ eyes as well. Even let them daydream. Walter Isaacson.

## **Back To Basics - City Survival Tips**

**The day-to-day hassles of living in the city are too many to name, but because of the generally hectic pace of such a lifestyle, few people take the time to ask themselves how they might cope in a major emergency.**

Anything from a tornado to a hurricane to a flood or (God forbid) martial law is possible; and then there are earthquakes and fires and landslides and blizzards and all that wonderful stuff that we hope will never happen to us.

Here are some tips in no particular order of priority that can be taken one at a time and before you know it, you'll be well set to ride out whatever comes your way – even if your house falls down.

**1. Rinse your milk containers** thoroughly, with water as hot as possible to remove any milk residue. Then fill them with water and keep them stored wherever you can. You'll be glad you did.

**2. Buy a good water filter.** These are absolutely essential. Those with carbon filters are the best for seriously contaminated water. Some also filter out chlorine, and special filters are also available for fluoride. (We have a variety in stock, so be sure to [visit our on-line store](#) because we're bound to have something to meet your needs and your budget).



**3. Think about fire – as in, putting it out.** Make sure you have at least one good fire extinguisher – three is better. Keep one in the kitchen. Study how to use them.

**4. Think about fire – as in, starting one.** Magnesium fire starters have their place in an emergency Get Out Of Dodge kit, but chances are most people will want to stay in their homes. Lots of Bic lighters are a smart investment; or the longer ones that are

refillable. Make sure you have canisters of gas to recharge them.

**5. Emergency cooking system.** A power outage can happen any time, but don't be thinking of using your barbecue inside as an alternative to your electric oven or microwave. They give off carbon monoxide, and that's a killer. Gelled alcohol, or alcohol-burning stoves are cheap and efficient. A [propane stove](#) is another option.

[See our full selection here.](#)



**6. See the light.** (1) LED flashlights are real popular, and very efficient. But they don't operate without batteries. Make sure you have backup batteries in all appropriate sizes for your flashlights. (2) Batteries do run down, therefore self-charging flashlights and lanterns of the wind-up variety ([see them here](#)) should be considered an essential backup. (3) One of your best possible investments would be a headlight. Having your hands free in an after-dark emergency could well be a life-saver, either for you, or others. Get one for everyone.



[More details here.](#)

**7. A quality medical kit.** Most of us really don't have a clue how to use anything but a Band Aid – so making the time to take some first aid training is really important, no



matter how busy your urban schedule is. Check with your local Red Cross for classes. And [get yourself a good medical kit.](#)

**8. Tents and Tarps.** Yes, it's a worst case scenario – your house has become uninhabitable, but you and your family have made it through safely. No matter the season, a good tent can be a lifesaver. Learning how to put it up before you need it is a good idea though. Tarps are also essential. They can be used for shelter, to cover stuff, and even used to gather rainwater – which you can then filter.

**9. Cash Stash.** Cut back on your Starbucks intake for a few weeks and stash that cash – but not all in one place. There are any number of scenarios under which cash is king – at least for a while.

**10. Hygiene products.** In a long-running emergency, toilet paper can be better than

Bens (\$100 notes). A bucket can be used as an emergency toilet – but best you think seriously of posterior comfort; either get a lid for the bucket, or buy a unit that is made for the purpose. Make a list of other hygiene products you might need – Clorox wipes (saves using water to wash hands), moist towelettes, spare diapers if you have babies, paper towels, etc etc.

**Most of the above is applicable wherever you might live, but people in an urban environment really do face a more critical situation.** That's because they depend so much on those things that are taken for granted – water in, water out, sewer systems, electric appliances, even electric heating. Gas is another issue too. **Do you have a gas shut-off tool, and do you know how to use it?**

## Beat Big Pharma

This drug commercial is gonna blow your mind!



Instead of listening to how you should “ask your doctor” about a pill that carries side effects like depression, insomnia, constipation, irritability, possibility of stroke or heart attack, increased blood pressure, weight loss, weight gain, halitosis and paranoia – and

the doctor will prescribe it anyway – this remedy could be the answer to all of the above.

Unlike that pill that cost 75 cents and then suddenly went up to \$750 when the small company was bought out by some sort of cold-blooded money-shark, this pill is freely available, and a year's supply costs nothing – well, maybe not nothing, but it's a walk in the park. Check out the [Drug Commercial Here](#).

Set in the world of a spoofed prescription drug commercial, Nature Rx offers a hearty dose of laughs and the outdoors - two timeless prescriptions for whatever ails you. Side effects may include confidence, authenticity, remembering you have a body, and being in a good mood for no apparent reason.

## Could small quakes near Mossyrock be a sign of bigger activity? Seismologists weigh in



Small quakes could have large implications for future events. Residents who live in Southwest Washington felt Thursday night's earthquake.

The 3.2 magnitude quake was centered near Mossyrock. KIRO 7 News viewers felt it.

There have been cluster of other smaller earthquakes in the same area. Click picture above for video report.

>> **KIRO 7 sent Alison Grande to the Pacific Northwest Seismic Network at the University of Washington to talk to researchers. Alison is working on this story for KIRO 7 News at 4 p.m.**

The lab got reports from 35 residents who filled [out the USGS "Did you feel it?" survey online.](#)

## Uncle Richard on Why?

Why do we keep talking about Earthquakes and Sun Activity?

Look at this house. 

If this was yours, What would you do now?

Because, an earthquakes gives NO warning – yet. And no warning means if one is not prepared ahead of time

then if/when you are involved in an earthquake then your level of preparedness may mean the difference between an inconvenience or a major disaster for you and your loved ones.

That is the short and quick version, of course, of a multifaceted and complex system of preparedness one must develop and have available to them in the event of such and event.

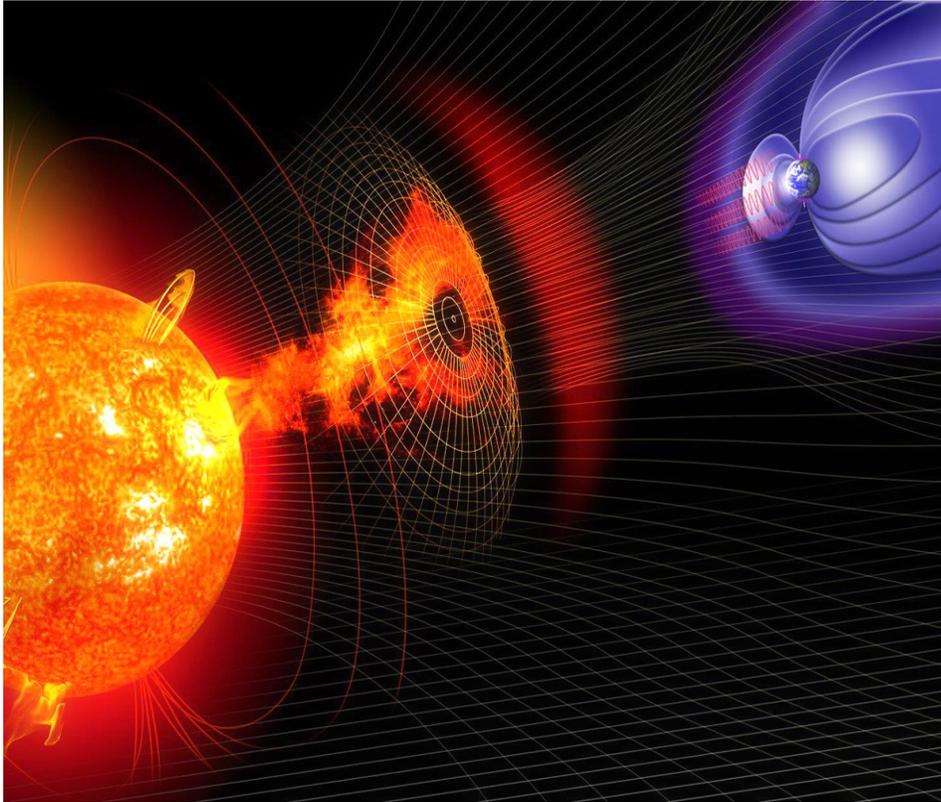


### **Preparedness Prevents Panic.**

Do you have backup shelter in the case of this scenario, food and water or medical supplies? Just saying.

## Sun Spots – Sun Activity -CME's (Coronal Mass Ejections)

While many such events are seen and some warning can be achieved, not all can be



projected. Some flares from the sun can reach the earth in as short a time as minutes others take days depending on the type of energy being released.



Check out the energy coming off the sun. The earth's weakened protective magnetic field is less than in prior years.

In the book “One

Second After”, they speak of a potential EMT (electro magnetic pulse) created over the USA via some type of nuclear device or as some have suggested, generated by space based weapon systems.

In this scenario, most if not all of the electric grid could go down including knocking out vehicles and things that require printed circuit etc. in them to operate.

North Korea obtains EMP Weapon from Russia, and could melt most of the electronics in Asia.



Hot on the heels of (reportedly) harnessing nuclear fusion and a slew of ballistic missile launches, South Korea's intelligence agency is now reporting that Kim Jong-Un's North Korea is developing an electromagnetic pulse (EMP) weapon. At a bare minimum, this EMP could theoretically damage electronic equipment south of the Korean DMZ. At higher power levels, a real EMP device can melt any electronic device or system within hundreds of miles.

The EMP weapon would be part of North Korea's larger cyberwarfare efforts, which have so far been mainly focused on gathering intelligence by hacking South Korean computer [networks and devices](#).

## Wonder Why?

### **AMERICANS OVER 30 ARE MORE MISERABLE THAN THEY'VE EVER BEEN:**

It all goes downhill after 30 — at least when it comes to happiness. “Adults over 30 are less happy than their predecessors,” concludes a study published online Thursday in the journal *Social Psychology and Personality Science*, which examined happiness data from more than 50,000 adults, gleaned from the General Social Survey, carried out by NORC at the University of Chicago, a nonpartisan, independent research organization, which has collected information about American adults since 1972.

From 2010 to 2014, adults over 30 had an average happiness score of just 2.18, compared with 2.24 a decade ago. That's significant considering happiness scores were measured on a tiny scale from just 1 to 3, with 1 being “not too happy” and 3 being “very happy.” (The data used five-year cohort periods so that single year fluctuations were smoothed out.)

**And Gee.....**

**MORE AMERICANS THAN EVER USE PRESCRIPTION DRUGS:** More Americans than ever are taking prescription drugs — close to 60 percent of U.S. adults, according to new research. And most seem to be related to obesity, with cholesterol and blood pressure drugs leading the pack, researchers report in the *Journal of the American Medical Association*. The single most popular drug is Zocor, a cholesterol-lowering drug in a class called statins, said Elizabeth Kantor, formerly of the Harvard T.H. Chan School of Public Health in Boston, and now at Memorial Sloan Kettering Cancer Center in New York. The drug, known generically as simvastatin, is taken by 8 percent of the U.S. population.

In America's largest cities, English is actually a minority language: A staggering 54 percent of residents in the Los Angeles metropolitan region speak a language other than English at home, as do 51 percent of Miami-area residents, 40 percent of San Francisco, 38 percent of

New York, 37 percent of Houston and 36 percent of the **Washington, D.C., region**.

**Subscriber send ins.**

**We have been enslaved by Democracy and We have forgotten Self Governance.**

**You actually think criminals will obey gun control laws? You're a special kind of stupid! Bless your dumb ass heart!**

Thanks Paul and Betty from Miami.

## **College Professors & Students Stepping all over First Amendment Rights**



**Total Looneyville has overtaken the University of Missouri (MIZZOU), with a communications professor now caught on video accosting and threatening an innocent photo journalist with physical harm for taking photos on a public sidewalk.**

Apparently, MIZZOU professors have never heard of the First Amendment or the Bill of Rights. Maybe that's why so many of their students are all pathetic, spineless "victimization" experts who now spend their time complaining about white people instead of attending class to better themselves.

It has all become so overtly pathetic that you just have to laugh! [More Here.](#)

## Police Unions Sustain Police Violence Epidemic

By William Boardman 31 October 15

*Since when did we decide that police officers should be above the law?*

**T**wo of the biggest police unions in the country are now on record in **opposition to free speech**. They are on record against constitutionally protected free speech that opposes the epidemic of police violence across America (more than 900 killed by police so far in 2015). [Details Here](#).

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